

# OET

## ROLEPLAYER'S CARD - PATIENT

**SETTING** : Outpatient Clinic

- 50-year-old patient diagnosed with diabetes
- Concerned about recent high blood sugar readings
- Admits difficulty following diet and medication routine
- Feels worried about long-term complications
- Asks for advice on managing diabetes better

# OET

## CANDIDATE'S CARD - NURSE

- Ask about blood sugar monitoring and recent readings
- Check medication adherence
- Ask about diet and lifestyle habits
- Provide clear and supportive education
- Encourage healthy lifestyle changes
- Avoid blaming or diagnosing
- Reassure and close the conversation professionally

## **WITH SCRIPT**

- I understand that managing diabetes can be challenging, and I'm here to support you.
- Can you tell me how often you check your blood sugar levels?
- Have you noticed any recent high readings?
- Are you taking your diabetes medication as prescribed?
- Can you tell me a little about your diet and daily routine?
- Making small, gradual changes can really help control your blood sugar.
- The doctor will review your readings and adjust your treatment if needed.
- Please feel free to ask if you have any concerns.

## **WITHOUT SCRIPT**

- Greet the patient and acknowledge concerns
- Ask about blood sugar monitoring
- Check medication adherence
- Ask about diet and lifestyle
- Provide supportive education
- Encourage gradual lifestyle changes
- Reassure and close the conversation