

# OET

## ROLEPLAYER'S CARD - PATIENT

**SETTING** : Emergency Room / Clinic

- 45-year-old patient experiencing shortness of breath
- Symptoms started suddenly and feel worse with activity
- Patient feels anxious and is struggling to speak in full sentences
- Has a history of asthma (or respiratory condition)
- Worried and asks if the condition is serious

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## CANDIDATE'S CARD - NURSE

- Assess the severity and onset of breathing difficulty
- Ask about past respiratory history and triggers
- Check for associated symptoms such as chest tightness or wheezing
- Remain calm and reassure the patient
- Explain the need for urgent medical assessment
- Avoid diagnosing or alarming the patient
- Close the interaction professionally

## **WITH SCRIPT**

- I can see that you're having difficulty breathing, and I'm here to help.
- When did the shortness of breath start?
- Does anything make your breathing better or worse?
- Do you have a history of asthma or any other breathing problems?
- Are you experiencing any chest tightness, wheezing, or coughing?
- I understand this can feel frightening.
- The doctor will need to assess you urgently to ensure you receive the right treatment.
- Please try to remain calm. You're in safe hands.

## **WITHOUT SCRIPT**

- Greet the patient and show calm reassurance
- Ask about onset and severity of shortness of breath
- Ask about past respiratory conditions or triggers
- Check for associated symptoms
- Explain need for urgent assessment
- Avoid diagnosing or alarming language
- Reassure and close the conversation professionally